SPIRITUAL WARFARE IS NOT CULTURE WAR

The Powers Are Bigger Than People

A FREE REFLECTION & JOURNAL COMPANION

TRUTH TO SIT WITH

Evil can become organized in institutions and systems; liberation must preserve the humanity of people caught within them.

Read alongside: Ephesians 6:12 | Colossians 1:16-20

THREE OPEN QUESTIONS

01 What systems or habits make suffering seem ordinary in my community?

02 How have I benefited from, resisted, or been harmed by those arrangements?

03 How can I confront a harmful power while protecting the dignity of people entangled in it?

No right answers. Let honesty, patience, and grace lead.

PAUSE / LISTEN / WRITE

Make room for what is true

A CONTEMPLATIVE PRACTICE

Name one harmful pattern you can see around you. Trace the institutions and habits that sustain it, without turning every participant into a villain. Hold justice and compassion together.

JOURNAL: WHAT IS RISING TO THE SURFACE?

Take your time. Silence is also a faithful response.